



DR. JOHN N. CONNIFF
DR. LAURIE A. GORMLEY

PRE-SEDATION INSTRUCTIONS

It is important for your child's safety that you follow these instructions carefully.

THE PRESCRIPTION:

You must have this prescription filled within two days. The medication will be good for months and should be kept out of the reach of any children.

EATING AND DRINKING:

To avoid vomiting and complications during treatment with sedation, **DO NOT** allow your child any food or drink after midnight prior to your visit.

CHANGE IN HEALTH:

Any change in the child's health, especially the development of a cold or fever prior to the day of treatment is very important. For the child's safety, a new appointment may be made for another day. If possible, inform this office of any change in health prior to your appointment.

DAY OF APPOINTMENT:

Two responsible adults (one should be a parent or legal guardian) must accompany the patient to the office. One parent or legal guardian must remain with the patient until treatment is completed. Unless you are told otherwise, you must arrive one hour prior to the treatment time.

MEDICATIONS:

DO NOT give your child any medicines before or after treatment unless your doctor (dentist) has agreed.

ACTIVITIES:

Please do not plan or permit activities for the patient after treatment. Allow the patient to rest. Closely supervise any activity for the remainder of the day. Do not allow the patient to walk unassisted for at least two hours after the treatment. Your child may want to sleep after treatment. However, keep him/her awake for at least an hour. After an hour they can sleep but please have them sleep on their stomach to maintain a good airway just in case they vomit.

DRINKING OR EATING AFTER TREATMENT:

After treatment the first drink should be plain water. Sweet drinks can be given next (fruit juice or Gatorade). Small drinks taken repeatedly are preferable to taking large amounts. Soft food that is not too hot may be eaten when the child desires.

TEMPERATURE ELEVATION:

The child's temperature may be elevated to 101° for the first 24 hours after treatment. Tylenol or Motrin can be given as directed. Also be sure to give the child plenty of fluids, as this will help reduce the fever. If the child's temperature goes above 101° please call us as soon as possible.

SEEK ADVICE:

- *If vomiting persists beyond four hours.
- *If their temperature remains elevated beyond 24 hours or goes above 101°.
- *If there is any difficulty breathing.
- *If any other matter causes you concern.

DOCTORS PHONE NUMBERS:

Dr. John N. Conniff..... (575)522-8229 or (575)525-1411
Dr. Laurie A. Gormley..... (575)522-8229